

SECTION 1915(c) WAIVER FORMAT

1. The State of New Hampshire requests a Medicaid home and community-based services waiver under the authority of section 1915(c) of the Social Security Act. The administrative authority under which this waiver will be operated is contained in Appendix A.

This is a request for a model waiver.

a. _____ Yes

b. x No

If Yes, the State assures that no more than 200 individuals will be served by this waiver at any one time.

This waiver is requested for a period of (check one):

a. _____ 3 years (initial waiver)

b. x 5 years (renewal waiver)

2. This waiver is requested in order to provide home and community-based services to individuals who, but for the provision of such services, would require the following level(s) of care, the cost of which could be reimbursed under the approved Medicaid State plan:

a. x Nursing facility (NF)

b. _____ Intermediate care facility for mentally
retarded or persons with related conditions
(ICF/MR)

c. Hospital

d. _____ NF (served in hospital)

e. _____ ICF/MR (served in hospital)

3. A waiver of section 1902(a)(10)(B) of the Act is requested to target waiver services to one of the select group(s) of

individuals who would be otherwise eligible for waiver services:

- a. x aged (age 65 and older)
- b. x disabled
- c. aged and disabled
- d. mentally retarded
- e. developmentally disabled
- f. mentally retarded and developmentally disabled
- g. chronically mentally ill

4. A waiver of section 1902(a)(10)(B) of the Act is also requested to impose the following additional targeting restrictions (specify):

a. x Waiver services are limited to the following age groups (specify):
Adults Aged 18 years and over

b. Waiver services are limited to individuals with the following disease(s) or condition(s) (specify):

c. Waiver services are limited to individuals who are mentally retarded or developmentally disabled, who currently reside in general NFs, but who have been shown, as a result of the Pre-Admission Screening and Annual Resident Review process mandated by P.L. 100-203 to require active treatment at the level of an ICF/MR.

d. x Other criteria. (Specify):
Individuals who require assistance due to a chronic medical diagnosis and/or frailty associated with aging, and/or Alzheimer's Disease or a related dementia
Individuals who receive services under

another 1915 (c.) Medicaid HCBC Waiver will not be eligible.

e. _____ Not applicable.

5. Except as specified in item 6 below, an individual must meet the Medicaid eligibility criteria set forth in Appendix C-1 in addition to meeting the targeting criteria in items 2 through 4 of this request.

6. This waiver program includes individuals who are eligible under medically needy groups.

a. x Yes

b. _____ No

7. A waiver of '1902(a)(10)(C)(i)(III) of the Social Security Act has been requested in order to use institutional income and resource rules for the medically needy.

a. x Yes

b. _____ No

C. _____ N/A

8. The State will refuse to offer home and community-based services to any person for whom it can reasonably be expected that the cost of home or community-based services furnished to that individual would exceed the cost of a level of care referred to in item 2 of this request.

a. x Yes

b. _____ No

9. A waiver of the "statewideness" requirements set forth in section 1902(a)(1) of the Act is requested.

a. _____ Yes

b. x No

If yes, waiver services will be furnished only to individuals in the following geographic areas or political subdivisions of the State (Specify):

10. A waiver of the amount, duration and scope of services requirements contained in section 1902(a)(10)(B) of the Act is requested, in order that services not otherwise available under the approved Medicaid State plan may be provided to individuals served on the waiver.
11. The State requests that the following home and community-based services, as described and defined in Appendix B.1 of this request, be included under this waiver:
- a. _____ Case management
 - b. x Homemaker
 - c. x Home health aide services
 - d. x Personal care services
 - e. x Respite care
 - f. x Adult day health (Adult Medical Day Care)
 - g. _____ Habilitation
 - _____ Residential habilitation
 - _____ Day habilitation
 - _____ Prevocational services
 - _____ Supported employment services
 - _____ Educational services
 - h. x Environmental accessibility adaptations
 - i. _____ Skilled nursing
 - j. _____ Transportation
 - k. _____ Specialized medical equipment and supplies
 - l. x Chore services

- m. ☒ Personal Emergency Response Systems
- n. ☒ Companion services
- o. ☒ Private duty nursing
- p. _____ Family training
- q. _____ Attendant care
- r. ☒ Adult Residential Care
- ☒ Adult foster care
- ☒ Assisted living
- s. ☒ Extended State plan services (Check all that apply):
- _____ Physician services
- _____ Home health care services
- _____ Physical therapy services
- _____ Occupational therapy services
- _____ Speech, hearing and language services
- _____ Prescribed drugs
- ☒ Other (specify):
 In Home Mental Health
- t. ☒ Other services (specify):
 In Home Day Care
 Home Delivered Meals
 Congregate Care Services
 Shared Housing
 Residential Care Services
 Consolidated Long Term Care Services
 Specialized Medical Equipment
 Assistive Technology
 Community Transition Services

Adult Social Day Care

- u. _____ The following services will be provided to individuals with chronic mental illness:
- _____ Day treatment/Partial hospitalization
- _____ Psychosocial rehabilitation
- _____ Clinic services (whether or not furnished in a facility)
12. The state assures that adequate standards exist for each provider of services under the waiver. The State further assures that all provider standards will be met.
13. An individual written plan of care will be developed by qualified individuals for each individual under this waiver. This plan of care will describe the medical and other services (regardless of funding source) to be furnished, their frequency, and the type of provider who will furnish each. All services will be furnished pursuant to a written plan of care. The plan of care will be subject to the approval of the Medicaid agency. FFP will not be claimed for waiver services furnished prior to the development of the plan of care. FFP will not be claimed for waiver services which are not included in the individual written plan of care.
14. Waiver services will not be furnished to individuals who are inpatients of a hospital, NF, or ICF/MR.
15. FFP will not be claimed in expenditures for the cost of room and board, with the following exception(s) (Check all that apply):
- a. x When provided as part of respite care in a facility approved by the State that is not a private residence (hospital, NF, foster home, or community residential facility).

- b. x Meals furnished as part of a program of adult day health services.
- c. When a live-in personal caregiver (who is unrelated to the individual receiving care) provides approved waiver services, a portion of the rent and food that may be reasonably attributed to the caregiver who resides in the same household with the waiver recipient. FFP for rent and food for a live-in caregiver is not available if the recipient lives in the caregiver's home, or in a residence that is owned or leased by the provider of Medicaid services. An explanation of the method by which room and board costs are computed is included in Appendix G-3.

For purposes of this provision, "board" means 3 meals a day, or any other full nutritional regimen.

16. The Medicaid agency provides the following assurances to CMS:
- a. Necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. Those safeguards include:
1. Adequate standards for all types of providers that furnish services under the waiver (see Appendix B);
 2. Assurance that the standards of any State licensure or certification requirements are met for services or for individuals furnishing services that are provided under the waiver (see Appendix B). The State assures that these requirements will be met on the date that the services are furnished; and
 3. Assurance that all facilities covered by section 1616(e) of the Social Security Act, in which home and community-based services will be provided, are in compliance with applicable State standards that

meet the requirements of 45 CFR Part 1397 for board and care facilities.

- b. The agency will provide for an evaluation (and periodic reevaluations, at least annually) of the need for a level of care indicated in item 2 of this request, when there is a reasonable indication that individuals might need such services in the near future (one month or less), but for the availability of home and community-based services. The requirements for such evaluations and reevaluations are detailed in Appendix D.
- c. When an individual is determined to be likely to require a level of care indicated in item 2 of this request, and is included in the targeting criteria included in items 3 and 4 of this request, the individual or his or her legal representative will be:
 - 1. Informed of any feasible alternatives under the waiver; and
 - 2. Given the choice of either institutional or home and community-based services.
- d. The agency will provide an opportunity for a fair hearing, under 42 CFR Part 431, subpart E, to persons who are not given the choice of home or community-based services as an alternative to institutional care indicated in item 2 of this request, or who are denied the service(s) of their choice, or the provider(s) of their choice.
- e. The average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures for the level(s) of care indicated in item 2 of this request under the State plan that would have been made in that fiscal year had the waiver not been granted.
- f. The agency's actual total expenditure for home and community-based and other Medicaid services under the waiver and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100

percent of the amount that would be incurred by the State's Medicaid program for these individuals in the institutional setting(s) indicated in item 2 of this request in the absence of the waiver.

- g. Absent the waiver, persons served in the waiver would receive the appropriate type of Medicaid-funded institutional care that they require, as indicated in item 2 of this request.
- h. The agency will provide CMS annually with information on the impact of the waiver on the type, amount and cost of services provided under the State plan and on the health and welfare of the persons served on the waiver. The information will be consistent with a data collection plan designed by CMS.
- i. The agency will assure financial accountability for funds expended for home and community-based services, provide for an independent audit of its waiver program (except as CMS may otherwise specify for particular waivers), and it will maintain and make available to HHS, the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver, including reports of any independent audits conducted.

The State conducts a single audit in conformance with the Single Audit Act of 1984, P.L. 98-502.

a. ☒ Yes b. ☐ No

- 17. The State will provide for an independent assessment of its waiver that evaluates the quality of care provided, access to care, and cost-neutrality. The results of the assessment will be submitted to CMS at least 90 days prior to the expiration of the approved waiver period and cover the first 24 months (new waivers) or 48 months (renewal waivers) of the waiver.

a. ☐ Yes b. ☒ No

18. The State assures that it will have in place a formal system by which it ensures the health and welfare of the individuals served on the waiver, through monitoring of the quality control procedures described in this waiver document (including Appendices). Monitoring will ensure that all provider standards and health and welfare assurances are continuously met, and that plans of care are periodically reviewed to ensure that the services furnished are consistent with the identified needs of the individuals. Through these procedures, the State will ensure the quality of services furnished under the waiver and the State plan to waiver persons served on the waiver. The State further assures that all problems identified by this monitoring will be addressed in an appropriate and timely manner, consistent with the severity and nature of the deficiencies.
18. An effective date of July 1, 2002 is requested.
19. The State contact person for this request is Jill Burke who can be reached by telephone at (603)271-0550 or by email jburke@dhhs.state.nh.us.
20. This document, together with Appendices A through G, and all attachments, constitutes the State's request for a home and community-based services waiver under section 1915(c) of the Social Security Act. The State affirms that it will abide by all terms and conditions set forth in the waiver (including Appendices and attachments), and certifies that any modifications to the waiver request will be submitted in writing by the State Medicaid agency. Upon approval by CMS, this waiver request will serve as the State's authority to provide home and community services to the target group under its Medicaid plan. Any proposed changes to the approved waiver will be formally requested by the State in the form of waiver amendments.

The State assures that all material referenced in this waiver application (including standards, licensure and certification requirements) will be kept on file at the Medicaid agency.

Signature:
Print Name: Kathy Sgambati
Title: Acting Commissioner
Date: December 4, 2002

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0449. The time required to complete this information collection is estimated to average 160 hours for each new and renewed waiver request and an average of 30 hours for each amendment, including the time to review instructions, searching existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimates or suggestions for improving this form, please write to: CMS, P.O. Box 26684, Baltimore, Maryland 21207 and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, D.C. 20503.

APPENDIX A - ADMINISTRATION

LINE OF AUTHORITY FOR WAIVER OPERATION

CHECK ONE:

_____ The waiver will be operated directly by the Medical Assistance Unit of the Medicaid agency.

 x The waiver will be operated by the Division of Elderly and Adult Services (DEAS), a separate division within the Single State agency. The Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules

STATE: New Hampshire

and regulations related to the waiver. A copy of the interagency agreement setting forth the authority and arrangements for this policy is on file at the Medicaid agency.

APPENDIX B - SERVICES AND STANDARDS

APPENDIX B-1: DEFINITION OF SERVICES

The State requests that the following home and community-based services, as described and defined herein, be included under this waiver. Provider qualifications/standards for each service are set forth in Appendix B-2.

a. _____ Case Management

_____ Services which will assist individuals who receive waiver services in gaining access to needed waiver and other State plan services, as well as needed medical, social, educational and other services, regardless of the funding source for the services to which access is gained.

Case managers shall be responsible for ongoing monitoring of the provision of services included in the individual's plan of care.

1. _____ Yes

2. _____ No

Case managers shall initiate and oversee the process of assessment and reassessment of the individual's level of care and the review of plans of care at such intervals as are specified in Appendices C & D of this request.

1. _____ Yes

2. _____ No

_____ Other Service Definition (Specify):

b. x Homemaker:

 x

Services consisting of general household activities (meal preparation and routine household care) provided by a trained homemaker, when the individual regularly responsible for these activities is temporarily absent or unable to manage the home and care for him or herself or others in the home. Homemakers shall meet such standards of education and training as are established by the State for the provision of these activities.

_____ Other Service Definition (Specify):

c. x Home Health Aide services:

 x

Services defined in 42 CFR 440.70, with the exception that limitations on the amount, duration and scope of such services imposed by the State's approved Medicaid plan shall not be applicable. The amount, duration and scope of these services shall instead be in accordance with the estimates given in

Appendix G of this waiver request. Services provided under the waiver shall be in addition to any available under the approved State plan.

_____ Other Service Definition (Specify):

d. x Personal care services:

 x Assistance with eating, bathing, dressing, personal hygiene, activities of daily living. These services may include assistance with preparation of meals, but does not include the cost of the meals themselves. When specified in the plan of care, this service may also include such housekeeping chores as bed making, dusting and vacuuming, which are incidental to the care furnished, or which are essential to the health and welfare of the individual, rather than the individual's family. Personal care providers must meet State standards for this service.

1. Services provided by family members
(Check one):

_____ Payment will not be made for personal care services furnished by a member of the individual's family.

 x Personal care providers may be members of the individual's family. Payment will not be made for services furnished to a minor by the child's parent (or step-parent), or to an individual by that person's spouse.

Justification attached.
(Check one):

 x Family members who provide personal care services must meet the same standards as providers who are unrelated to the individual.

 Standards for family members providing personal care services differ from those for other providers of this service. The different standards are indicated in Appendix B-2.

2. Supervision of personal care providers will be furnished by (Check all that apply):

 x A registered nurse, licensed to practice nursing in the State.

 A licensed practical or vocational nurse, under the supervision of a registered nurse, as provided under State law.

 x Case managers

 x Other (Specify):
 i. Supervisors who are employed by licensed Home Health Agencies.

ii. Supervisors who are
employed by certified Other
Qualified Agencies

3. Frequency or intensity of supervision
(Check one):

_____ As indicated in the plan of
care

 x Other (Specify):

Home Health Agencies and Other Qualified Agencies must have
direct supervision with their employees at least every 60
days. Participants must provide supervision to their
employees on a continuous basis. Case
Managers must have contact with participants at least once
every 30 days, and must have face-to-face contact with
participants at least every 60 days.

4. Relationship to State plan services
(Check one):

_____ Personal care services are not
provided under the approved
State plan.

_____ Personal care services are
included in the State plan,
but with limitations. The
waivered service will serve as
an extension of the State plan
service, in accordance with
documentation provided in
Appendix G of this waiver
request.

 x Personal care services under
the State plan differ in
service definition or provider
type from the services to be
offered under the waiver.

****Individuals receiving personal care services have the option of either consumer-directed services or agency-directed services or a combination of both.**

_____ Other service definition (Specify):

e. x Respite care:

 x Services provided to individuals unable to care for themselves; furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care.

_____ Other service definition (Specify):

FFP will not be claimed for the cost of room and board except when provided, as part of respite care furnished in a facility approved by the State that is not a private residence. Respite care will be provided in the following location(s) (Check all that apply):

- x Individual's home or place of residence
- _____ Foster home
- _____ Medicaid certified Hospital
- x Medicaid certified NF
- _____ Medicaid certified ICF/MR
- _____ Group home
- _____ Licensed respite care facility

<u>x</u>	Other community care residential facility approved by the State that is not a private residence (Specify type):
----------	---

Medicaid certified mid-level care facility licensed in accordance with RSA 151:2

_____ Other service definition (Specify):

f. X Adult day health:

Services furnished 4 or more hours per day on a regularly scheduled basis, for one or more days per week, in an outpatient setting, encompassing both health and social services needed to ensure the optimal functioning of the individual. Meals provided as part of these services shall not constitute a "full nutritional regimen" (3 meals per day.) Physical, occupational and speech therapies indicated in the individual's plan of care will be furnished as component parts of this service.

Transportation between the individual's place of residence and the adult day health center will be provided as a component part of adult day health services. The cost of this transportation is included in the rate paid to providers of adult day health services. (Check one):

1. Yes

2. No

x	<p>Other service definition (Specify):</p> <p><u>Adult Medical Day Services are intended to provide a protective environment within a state licensed non-residential facility for impaired or isolated adults who are at risk of institutionalization. Adult Medical Day offers an array of</u></p>
---	---

social and health services and provides daytime respite for primary caregivers. Services are furnished on a regularly scheduled basis, for one or more days a week. Meals provided as part of this service shall not constitute a "full nutritional regime." Transportation services are not included in this service and are not reimbursed as part of this service. Transportation to and from the Adult Medical Day Center may be reimbursed under the Medicaid State Plan.

Adult Social Day Services provide opportunities for socialization and promote early detection of issues that could compromise the ability of the individual to live independently. The purpose of this service is to provide less medically intrusive settings that assure an appropriate level of monitoring, supports and socialization to achieve or maintain self-sufficiency and independence. Meals provided as part of this service shall not constitute a "full nutritional regimen." Transportation services are not included in this service, and are not reimbursed as part of this service. Transportation to and from the Adult Group Day Care may be reimbursed under the Medicaid State Plan.

Qualifications of the providers of adult day health services are contained in Appendix B-2.

g. _____ Habilitation:

_____ Services designed to assist individuals in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and

community-based settings. This service includes:

_____ Residential habilitation: assistance with acquisition, retention, or improvement in skills related to activities of daily living, such as personal grooming and cleanliness, bed making and household chores, eating and the preparation of food, and the social and adaptive skills necessary to enable the individual to reside in a non-institutional setting. Payments for residential habilitation are not made for room and board, the cost of facility maintenance, upkeep and improvement, other than such costs for modifications or adaptations to a facility required to assure the health and safety of residents, or to meet the requirements of the applicable life safety code. Payment for residential habilitation does not include payments made, directly or indirectly, to members of the individual's immediate family. Payments will not be made for the routine care and supervision which would be expected to be provided by a family or group home provider, or for activities or supervision for which a payment is made by a source other than Medicaid. Documentation which shows that Medicaid payment does not cover these components is attached to Appendix G.

_____ Day habilitation: assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills which takes place in a non-

residential setting, separate from the home or facility in which the individual resides. Services shall normally be furnished 4 or more hours per day on a regularly scheduled basis, for 1 or more days per week unless provided as an adjunct to other day activities included in an individual's plan of care.

Day habilitation services shall focus on enabling the individual to attain or maintain his or her maximum functional level and shall be coordinated with any physical, occupational, or speech therapies listed in the plan of care. In addition, day habilitation services may serve to reinforce skills or lessons taught in school, therapy, or other settings.

Prevocational services not available under a program funded under section 110 of the Rehabilitation Act of 1973 or section 602(16) and (17) of the Individuals with Disabilities Education Act (20 U.S.C. 1401(16 and 17)). Services are aimed at preparing an individual for paid or unpaid employment, but are not job-task oriented. Services include teaching such concepts as compliance, attendance, task completion, problem solving and safety. Prevocational services are provided to persons not expected to be able to join the general work force or participate in a transitional sheltered workshop within one year (excluding supported employment programs). Prevocational services are

available only to individuals who have previously been discharged from a SNF, ICF, NF or ICF/MR.

Check one:

_____ Individuals will not be compensated for prevocational services.

_____ When compensated, individuals are paid at less than 50 percent of the minimum wage.

Activities included in this service are not primarily directed at teaching specific job skills, but at underlying habilitative goals, such as attention span and motor skills. All prevocational services will be reflected in the individual's plan of care as directed to habilitative, rather than explicit employment objectives.

Documentation will be maintained in the file of each individual receiving this service that:

1. The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142; and
2. The individual has been deinstitutionalized from a SNF, ICF, NF, or ICF/MR at some prior period.

_____ Educational services, which consist of special education and related services as defined in sections (15) and (17) of the Individuals with Disabilities Education Act, to the extent to which they are not available under a program funded by IDEA. Documentation will be maintained in the file of each individual receiving this service that:

1. The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142; and
2. The individual has been deinstitutionalized from a SNF, ICF, NF, or ICF/MR at some prior period.

_____ Supported employment services, which consist of paid employment for persons for whom competitive employment at or above the minimum wage is unlikely, and who, because of their disabilities, need intensive ongoing support to perform in a work setting. Supported employment is conducted in a variety of settings, particularly work sites in which persons without disabilities are employed. supported employment includes activities needed to sustain paid work by individuals receiving waiver services, including supervision and training. When supported employment services are provided at a work site in which persons without disabilities are employed, payment will be made only for the adaptations,

supervision and training required by individuals receiving waiver services as a result of their disabilities, and will not include payment for the supervisory activities rendered as a normal part of the business setting.

Supported employment services furnished under the waiver are not available under a program funded by either the Rehabilitation Act of 1973 or P.L. 94-142. Documentation will be maintained in the file of each individual receiving this service that:

1. The service is not otherwise available under a program funded under the Rehabilitation Act of 1973, or P.L. 94-142; and
2. The individual has been deinstitutionalized from a SNF, ICF, NF, or ICF/MR at some prior period.

FFP will not be claimed for incentive payments, subsidies, or unrelated vocational training expenses such as the following:

1. Incentive payments made to an employer to encourage or subsidize the employer's participation in a supported employment program;
2. Payments that are passed through to users of supported employment programs; or

3. Payments for vocational training that is not directly related to an individual's supported employment program.

Transportation will be provided between the individual's place of residence and the site of the habilitation services, or between habilitation sites (in cases where the individual receives habilitation services in more than one place) as a component part of habilitation services. The cost of this transportation is included in the rate paid to providers of the appropriate type of habilitation services.

1. _____ Yes

2. _____ No

_____ Other service definition (Specify):

The State requests the authority to provide the following additional services, not specified in the statute. The State assures that each service is cost-effective and necessary to prevent institutionalization. The cost neutrality of each service is demonstrated in Appendix G. Qualifications of providers are found in Appendix B-2.

h. x Environmental accessibility adaptations:

 x Those physical adaptations to the home, required by the individual's plan of care, which are necessary to ensure the health, welfare and safety of the individual, or which enable the individual to function with greater independence in the home, and without which, the individual would require institutionalization. Such adaptations may include the installation of ramps and grab-bars, widening of doorways, modification of bathroom facilities, or installation of specialized electric and plumbing systems

which are necessary to accommodate the medical equipment and supplies which are necessary for the welfare of the individual. Excluded are those adaptations or improvements to the home which are of general utility, and are not of direct medical or remedial benefit to the individual, such as carpeting, roof repair, central air conditioning, etc. Adaptations which add to the total square footage of the home are excluded from this benefit. All services shall be provided in accordance with applicable State or local building codes.

**Home Modifications are capped at \$15,000 per client and require prior authorization from the Division of Elderly and Adult Services.

_____ Other service definition (Specify):

i. _____ Skilled nursing:

_____ Services listed in the plan of care which are within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse, or licensed practical or vocational nurse under the supervision of a registered nurse, licensed to practice in the State.

_____ Other service definition (Specify):

j. _____ Transportation:

_____ Service offered in order to enable individuals served on the waiver to gain access to waiver and other community services, activities and resources, specified by the plan of care. This service is offered

in addition to medical transportation required under 42 CFR 431.53 and transportation services under the State plan, defined at 42 CFR 440.170(a) (if applicable), and shall not replace them. Transportation services under the waiver shall be offered in accordance with the individual's plan of care. Whenever possible, family, neighbors, friends, or community agencies which can provide this service without charge will be utilized.

_____ Other service definition (Specify):

k. x Specialized Medical Equipment and Supplies:

_____ Specialized medical equipment and supplies to include devices, controls, or appliances, specified in the plan of care, which enable individuals to increase their abilities to perform activities of daily living, or to perceive control, or communicate with the environment in which they live.

This service also includes items necessary for life support, ancillary supplies and equipment necessary to the proper functioning of such items, and durable and non-durable medical equipment not available under the Medicaid State plan. Items reimbursed with waiver funds shall be in addition to any medical equipment and supplies furnished under the State plan and shall exclude those items which are not of direct medical or remedial benefit to the individual. All items shall meet applicable standards of manufacture, design and installation.

 x Other service definition (Specify):
Specialized Medical Equipment shall include devices, controls, or appliances,

specified in the plan of care, which enable individuals to increase their ability to perform activities of daily living, or to perceive control or communicate with the environment in which they live.

**Specialized Medical Equipment services are capped at \$15,000 per client and require prior authorization from the Division of Elderly and Adult Services.

1. x Chore services:

 x Services needed to maintain the home in a clean, sanitary and safe environment. This service includes heavy household chores such as washing floors, windows and walls, tacking down loose rugs and tiles, moving heavy items of furniture in order to provide safe access and egress. These services will be provided only in cases where neither the individual, nor anyone else in the household, is capable of performing or financially providing for them, and where no other relative, caregiver, landlord, community/volunteer agency, or third party payor is capable of or responsible for their provision. In the case of rental property, the responsibility of the landlord, pursuant to the lease agreement, will be examined prior to any authorization of service.

 Other service definition (Specify):

m. x Personal Emergency Response Systems (PERS)

 x PERS is an electronic device which enables certain individuals at high risk of institutionalization to secure help in an emergency. The individual may also wear a portable "help" button to allow for mobility.

The system is connected to the person's phone and programmed to signal a response center once a "help" button is activated. The response center is staffed by trained professionals, as specified in Appendix B-2. PERS services are limited to those individuals who live alone, or who are alone for significant parts of the day, and have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision.

_____ Other service definition (Specify):

n. X Adult companion services:

 X Non-medical care, supervision and socialization, provided to a functionally impaired adult. Companions may assist or supervise the individual with such tasks as meal preparation, laundry and shopping, but do not perform these activities as discrete services. The provision of companion services does not entail hands-on nursing care. Providers may also perform light housekeeping tasks which are incidental to the care and supervision of the individual. This service is provided in accordance with a therapeutic goal in the plan of care, and is not purely diversional in nature.

_____ Other service definition (Specify):

o. x Private duty nursing:

 x Individual and continuous care (in contrast to part time or intermittent care) provided by licensed nurses within the scope of State law. These services are provided to an individual at home.

_____ Other service definition (Specify):

p. _____ Family training:

_____ Training and counseling services for the families of individuals served on this waiver. For purposes of this service, "family" is defined as the persons who live with or provide care to a person served on the waiver, and may include a parent, spouse, children, relatives, foster family, or in-laws. "Family" does not include individuals who are employed to care for the consumer. Training includes instruction about treatment regimens and use of equipment specified in the plan of care, and shall include updates as necessary to safely maintain the individual at home. All family training must be included in the individual's written plan of care.

_____ Other service definition (Specify):

q. _____ Attendant care services:

_____ Hands-on care, of both a supportive and health-related nature, specific to the needs of a medically stable, physically handicapped individual. Supportive services are those which substitute for the absence, loss, diminution, or impairment of a physical or cognitive function. this service may include skilled or nursing care to the extent permitted by State law. Housekeeping activities which are incidental to the performance of care may also be furnished as part of this activity.

Supervision (Check all that apply):

_____ Supervision will be provided by a Registered Nurse, licensed to practice in the State. The frequency and intensity of supervision will be specified in

the individual's written plan of care.

_____ Supervision may be furnished directly by the individual, when the person has been trained to perform this function, and when the safety and efficacy of consumer-provided supervision has been certified in writing by a registered nurse or otherwise as provided in State law. This certification must be based on direct observation of the consumer and the specific attendant care provider, during the actual provision of care. Documentation of this certification will be maintained in the consumer's individual plan of care.

_____ Other supervisory arrangements (Specify):

_____ Other service definition (Specify):

r. x Adult Residential Care (Check all that apply):

 x Adult foster care: Personal care and services, homemaker, chore, attendant care and companion services medication oversight (to the extent permitted under State law) provided in a licensed (where applicable) private home by a principal care provider who lives in the home. Adult foster care is furnished to adults who receive these services in conjunction with residing in the home. The total number of individuals (including persons served in the waiver) living in the home, who are unrelated to the principal care provider, cannot exceed N/A). Separate payment will not be made for homemaker or chore services furnished to an

individual receiving adult foster care services, since these services are integral to and inherent in the provision of adult foster care services.

 x

Assisted living: Personal care and services, homemaker, chore, attendant care, companion services, medication oversight (to the extent permitted under State law), therapeutic social and recreational programming, provided in a home-like environment in a licensed (where applicable) community care facility, in conjunction with residing in the facility. This service includes 24 hour on-site response staff to meet scheduled or unpredictable needs in a way that promotes maximum dignity and independence, and to provide supervision, safety and security. Other individuals or agencies may also furnish care directly, or under arrangement with the community care facility, but the care provided by these other entities supplements that provided by the community care facility and does not supplant it.

Personalized care is furnished to individuals who reside in their own living units (which may include dually occupied units when both occupants consent to the arrangement) which may or may not include kitchenette and/or living rooms and which contain bedrooms and toilet facilities. The consumer has a right to privacy. Living units may be locked at the discretion of the consumer, except when a physician or mental health professional has certified in writing that the consumer is sufficiently cognitively impaired as to be a danger to self or others if given the opportunity to lock the door. (This requirement does not apply where it conflicts with fire code.) Each living unit is separate and distinct from each other. The facility must have a central dining room, living room or parlor, and common activity center(s) (which may also serve as living

rooms or dining rooms). The consumer retains the right to assume risk, tempered only by the individual's ability to assume responsibility for that risk. Care must be furnished in a way which fosters the independence of each consumer to facilitate aging in place. Routines of care provision and service delivery must be consumer-driven to the maximum extent possible, and treat each person with dignity and respect.

Assisted living services may also include (Check all that apply):

- ☒ Home health care
- ☐ Physical therapy
- ☐ Occupational therapy
- ☐ Speech therapy
- ☒ Medication administration
- ☒ Intermittent skilled nursing services
- ☐ Transportation specified in the plan of care
- ☐ Periodic nursing evaluations
- ☒ Other (Specify)
Nursing
Homemaker
Personal Emergency Response Systems
In Home Day Care

However, nursing and skilled therapy services (except periodic nursing evaluations if specified above) are incidental, rather than integral to the provision of assisted living services. Payment will not be made for 24-hour skilled care or supervision. FFP is not available in the cost of room and board

furnished in conjunction with residing in an assisted living facility.

 x

Other service definition (Specify):

Congregate Care Services are services provided in designated Congregate Care Housing Units as specified by the New Hampshire Department of Health and Human Services that provide supervision; assistance with activities of daily living, and instrumental activities of daily living; medication reminders and other supportive activities as specified in the individual care plan or which promotes and supports health and wellness, dignity and autonomy within a community setting. Transportation to and from non-medical services shall be included as a waiver service but shall be reasonable and specified in the plan of care.

Residential Care Facilities Services are a group of supported services that are delivered in a licensed facility and include assistance with activities of daily living and instrumental activities of daily living, supervision of need as specified by State law, implementation of a care plan, including therapy follow-up, dietary planning, incontinence management and any other activities which promotes and supports health and wellness, dignity and autonomy within a community setting. Transportation to and from non-medical services shall be included as a waiver service but shall be reasonable and specified in the plan of care.

Shared Housing Services contains all of the services provided in Adult Foster Care but the provision of services can be in an individual's private home rather than in the provider's private home.

Payments for adult residential care services are not made for room and board, items of comfort or

convenience, or the costs of facility maintenance, upkeep and improvement. Payment for adult residential care services does not include payments made, directly or indirectly, to members of the consumer's immediate family. The methodology by which payments are calculated and made is described in Appendix G.

- s. x Other waiver services which are cost-effective and necessary to prevent institutionalization (Specify): Adult In Home Day Care services are non-medical care, supervision and socialization provided to isolated individuals to prevent institutionalization. When specified in the support plan this may include meal preparation, light housekeeping, laundry, and shopping which are essential to the health and welfare of the individual. The provision of in-home care services does not entail hands-on nursing care.

Home Delivered Meals combines the delivery of nutritionally balanced meals delivered to the individual's home with socialization, reporting of emergencies, crisis or potentially harmful situations to the appropriate case managers.

Assistive Technology Support Services are intended to help individuals in the selection, acquisition, and use of assistive technology devices. The assistive technology support services are designed to provide individuals with evaluation, consultation, coordination, training and technical assistance as well as designing, fitting and customizing of devices. However, this service does not cover the actual purchase and cost of assistive technology devices.

**Assistive Technology Support services are capped at \$15,000 per client and require prior authorization from the Division of Elderly and Adult Services.

Consolidated Long Term Care Services involves linking together several types of services and supports into a single coverage in order to support individuals living in community and residential settings to achieve independence and community integration. Services may

include transportation to non-medical appointments, personal care services, housekeeping, and other activities that promote health and well-being. Individuals will have the ability to direct the services and supports identified in the Support Plan and will have the flexibility to select qualified providers. The individual's legally responsible relative or the individuals' case manager shall not provide these services.

Community Transition Services is for one time, set-up expenses for individuals who make the transition from an institution to their own home or apartment in the community. Expenses must be reasonable and necessary for an individual to establish his or her basic living arrangement. Community transition expenses may include security deposits that are required to obtain a lease on an apartment or home; essential furnishings, including but not limited to bedding, linens, pots and pans, dishes, cutlery, shelving, and moving expenses required to occupy and use a community domicile; set-up fees or deposits for utility or services access; allergen control or one-time cleaning costs prior to occupancy. This service does not include payment for Rent.

**Community Transition Services are capped at \$1,000 per client.

t. x Extended State plan services:

The following services, available through the approved State plan, will be provided, except that the limitations on amount, duration and scope specified in the plan will not apply. Services will be as defined and described in the approved State plan. The provider qualifications listed in the plan will apply, and are hereby incorporated into this waiver request by reference. These services will be provided under the State plan until the plan limitations have been reached. Documentation of the extent of services and cost-effectiveness are demonstrated in Appendix G. (Check all that apply):

- _____ Physician services
- _____ Home health care services
- _____ Physical therapy services
- _____ Occupational therapy services
- _____ Speech, hearing and language services
- _____ Prescribed drugs

 X Other State plan services (Specify):
In Home Mental Health Services are services provided by qualified mental health providers in accordance with the State Plan. Services include those that are necessary for the diagnosis and treatment of an individual's emotional health as prescribed by a qualified mental health professional. Services are authorized when it is more efficient and/or effective than traditional mental health services in a clinical setting and when it is determined by the qualified professional that such services would promote or maintain residency in the community.

u. _____ Services for individuals with chronic mental illness, consisting of (Check one):

_____ Day treatment or other partial hospitalization services (Check one):

_____ Services that are necessary for the diagnosis or treatment of the individual's mental illness. These services consist of the following elements:

- a. individual and group therapy with physicians or psychologists (or other mental health professionals to the extent authorized under State law),

- b. occupational therapy,
requiring the skills of a
qualified occupational
therapist,
- c. services of social workers,
trained psychiatric nurses,
and other staff trained to
work with individuals with
psychiatric illness,
- d. drugs and biologicals
furnished for therapeutic
purposes,
- e. individual activity therapies
that are not primarily
recreational or diversionary,
- f. family counseling (the primary
purpose of which is treatment
of the individual's
condition),
- g. training and education of the
individual (to the extent that
training and educational
activities are closely and
clearly related to the
individual's care and
treatment), and
- h. diagnostic services.

Meals and transportation are
excluded from reimbursement under
this service. The purpose of this
service is to maintain the
individual's condition and
functional level and to prevent
relapse or hospitalization.

_____ Other service definition (Specify):

_____ Psychosocial rehabilitation services (Check one):

_____ Medical or remedial services recommended by a physician or other licensed practitioner under State law, for the maximum reduction of physical or mental disability and the restoration of maximum functional level. Specific services include the following:

- a. restoration and maintenance of daily living skills (grooming, personal hygiene, cooking, nutrition, health and mental health education, medication management, money management and maintenance of the living environment);
- b. social skills training in appropriate use of community services;
- c. development of appropriate personal support networks, therapeutic recreational services (which are focused on therapeutic intervention, rather than diversion); and
- d. telephone monitoring and counseling services.

The following are specifically excluded from Medicaid payment for psychosocial rehabilitation services:

- a. vocational services,
- b. prevocational services,

c. supported employment services,
and

d. room and board.

_____ Other service definition (Specify):

_____ Clinic services (whether or not furnished in
a facility) are services defined in 42 CFR
440.90.

Check one:

_____ This service is furnished only on
the premises of a clinic.

_____ Clinic services provided under this
waiver may be furnished outside the
clinic facility. Services may be
furnished in the following
locations (Specify):

APPENDIX B-2

PROVIDER QUALIFICATIONS

A. LICENSURE AND CERTIFICATION CHART

The following chart indicates the requirements for the provision of each service under the waiver. Licensure, Regulation, State Administrative Code are referenced by citation. Standards not addressed under uniform State citation are attached.

<u>SERVICE</u>	<u>PROVIDER</u>	<u>LICENSE</u>	
Homemaker	Homemaker or Home Health Agency	X RSA 151:2	
Home Health Aide	Home Health Agency	X RSA326-B:28 and Nur. 700	
Personal Care Services Agency-Directed	Home Health Agency	X (Agency) RSA 151:2 Home Health Agency	X(Consumer) RSA 151: 2-b, I
Consumer Directed	Other Qualified Agency		
Respite Facilty-Based	Nursing Facility	X He-P 803	X RSA 151:2-b,
Home Based	Home Health Agency Other Qualified Agency	X RSA 151:2	
Adult Medical Day Care	Adult Medical Day Facility	X He-W 550	
Adult Social Day Care	Adult Social Day Facility	X He-W 550	
Environmental Accessibility Adaptation	Variety	As required	

Assistive Tech.	Specialized Durable Medical Equipment Organizations with Licensed PT or OT on Staff	As required	
Specialized Medical Equipment	Durable Medical Equipment Companies	As required by State Plan	
Personal Emergency Response System	Emergency Response System		
Private Duty Nursing	Nursing Groups Home Health Agency	X RSA 151:2	
Adult Mid-Level Care *Adult Foster Care *Assisted Living *Congregate Care *Residential Care *Shared Housing	Individual Assisted Living Congregate Housing Residential Care Individual	 X RSA: 151:2 X RSA: 151:9 X RSA:151:2	X RSA 151:9 X RSA 151::9
Adult In Home Care	Homemaker or Home Health Agency	X RSA 151:2, RSA 326 B:28 Nur 700	
Home Delivered Meals	Nutrition Centers		
Consolidated Long Term Care Services	Licensed Res. Care Facilities Other Qualified Agencies	He-P 803	RSA 151-2:b, II
CHORE Services	Variety		
Community Transition Services	Variety		

<u>SERVICE</u>	<u>PROVIDER</u>	<u>LICENSE</u>	
In-Home Mental Health Services	State Plan Approved Mental Health Professionals	X RSA 330 A or C	
Adult Companion	Community Action Programs (CAP) Retired Senior Volunteer Program (Stipend)		

B. ASSURANCE THAT REQUIREMENTS ARE MET

The State assures that the standards of any State licensure or certification requirements are met for services or for individuals furnishing services provided under the waiver.

C. PROVIDER REQUIREMENTS APPLICABLE TO EACH SERVICE

For each service for which standards other than, or in addition to State licensure or certification must be met by providers, the applicable educational, professional, or other standards for service provision or for service providers are attached to this Appendix, tabbed and labeled with the name of the service(s) to which they apply.

When the qualifications of providers are set forth in State or Federal law or regulation, it is not necessary to provide copies of the applicable documents. However, the documents must be on file with the State Medicaid agency, and the licensure and certification chart at the head of this Appendix must contain the precise citation indicating where the standards may be found.

D. FREEDOM OF CHOICE

The State assures that each individual found eligible for the waiver will be given free choice of all qualified providers of each service included in his or her written plan of care.

APPENDIX B-3

KEYS AMENDMENT STANDARDS FOR BOARD AND CARE FACILITIES

KEYS AMENDMENT ASSURANCE:

STATE: New Hampshire

The State assures that all facilities covered by section 1616(e) of the Social Security Act, in which home and community-based services will be provided are in compliance with applicable State standards that meet the requirements of 45 CFR Part 1397 for board and care facilities.

APPLICABILITY OF KEYS AMENDMENT STANDARDS:

Check one:

 X Home and community-base services will not be provided in facilities covered by section 1616(e) of the Social Security Act. Therefore, no standards are provided.

 A copy of the standards applicable to each type of facility identified above is maintained by the Medicaid agency.

SECTION 1915(c) WAIVER FORMAT

APPENDIX C-Eligibility and Post-Eligibility

Appendix C-1--Eligibility

STATE: New Hampshire

C-45

MEDICAID ELIGIBILITY GROUPS SERVED

Individuals receiving services under this waiver are eligible under the following eligibility group(s) in your State plan. The State will apply all applicable FFP limits under the plan.
(Check all that apply.)

1. _____ Low income families with children as described in section 1931 of the Social Security Act.
2. _____ SSI recipients (SSI Criteria States and 1634 States).
3. X Aged, blind or disabled in 209(b) States who are eligible under § 435.121 (aged, blind or disabled who meet requirements that are more restrictive than those of the SSI program).
4. X Optional State supplement recipients
5. _____ Optional categorically needy aged and disabled who have income at (Check one):
 - a. _____ 100% of the Federal poverty level (FPL)
 - b. _____ % Percent of FPL which is lower than 100%.

6. X The special home and community-based waiver group under 42 CFR 435.217 (Individuals who would be eligible for Medicaid if they were in an institution, who have been determined to need home and community-based services in order to remain in the community, and who are covered under the terms of this waiver).

Spousal impoverishment rules are used in determining eligibility for the special home and community-based waiver group at 42 CFR 435.217.

 A. Yes

 X B. No

Check one:

- a. The waiver covers all individuals who would be eligible for Medicaid if they were in a medical institution and who need home and community-based services in order to remain in the community; or
- b. X Only the following groups of individuals who would be eligible for Medicaid if they were in a medical institution and who need home and community-based services in order to remain in the community are included in this waiver: (check all that apply):

- (1) X A special income level equal to:

 300% of the SSI Federal benefit
(FBR)

 % of FBR, which is lower than 300%
(42 CFR 435.236)

 \$ 1,250 which is lower than 300%

- (2) X Aged, blind and disabled who meet requirements that are more restrictive than those of the SSI program. (42 CFR 435.121)

- (3) Medically needy without spenddown in States which also provide Medicaid to recipients of SSI. (42 CFR 435.320, 435.322, and 435,324.)

- (4) X Medically needy without spenddown in 209(b) States.
(42 CFR 435.330)

(5)_____ Aged and disabled who have income
at:

a._____ 100% of the FPL

b._____ % which is lower than 100%.

(6)_____ Other (Include statutory reference only
to reflect additional groups included under
the State plan.)

7. X_____ Medically needy (42 CFR 435.320, 435.322, 435.324
and 435.330)

8. _____ Other (Include only statutory reference to reflect
additional groups under your plan that you wish to include
under this waiver.)

Basic Cover Group (MEAD) 1902 (a) (10) (A) (ii) (XV.)
Limited to those who are aged 18 through 64.

Appendix C-2--Post-Eligibility

GENERAL INSTRUCTIONS

ALL Home and Community-Based waiver recipients found eligible under 435.217 are subject to post-eligibility calculations.

Eligibility and post-eligibility are two separate processes with two separate calculations. Eligibility determines whether a person may be served on the waiver. Post-eligibility determines the amount (if any) by which Medicaid reduces its payment for services furnished to a particular individual. By doing so, post-eligibility determines the amount (if any) for which an individual is liable to pay for the cost of waiver services.

An eligibility determination (and periodic redetermination) must be made for each person served on the waiver.

Post-eligibility calculations are made ONLY for persons found eligible under §435.217.

Post-eligibility determinations must be made for all groups of individuals who would be eligible for Medicaid if they were in a medical institution and need home and community-based services in order to remain in the community (§435.217). For individuals whose eligibility is not determined under the spousal rules (§1924 of the Social Security Act), the State must use the regular post-eligibility rules at 435.726 and 435.735. However, for persons found eligible for Medicaid using the spousal impoverishment rules, the State has two options concerning the application of post-eligibility rules:

OPTION 1: The State may use the post-eligibility (PE) rules under 42 CFR §435.726 and §435.735 just as it does for other individuals found eligible under §435.217 or;

OPTION 2: it may use the spousal post-eligibility rules under §1924.

REGULAR POST-ELIGIBILITY RULES--§435.726 and §435.735

- o The State must provide an amount for the maintenance needs of the individual. This amount must be based upon a reasonable assessment of the individual's needs in the community.

- o If the individual is living with his or her spouse, or if the individual is living in the community and the spouse is living at home, the State must protect an additional amount for the spouse's maintenance. This amount is limited by the highest appropriate income standard for cash assistance, or the medically needy standard. The State may choose which standard to apply.
- o If the individual's spouse is not living in the individual's home, no maintenance amount is protected for that spouse's needs.
- o If other family members are living with the individual, an additional amount is protected for their needs. This amount is limited by the AFDC need standard for a family of the same size or by the appropriate medically needy standard for a family of the same size. The State may choose which standard to apply.

SPOUSAL POST-ELIGIBILITY--§1924

When a person who is eligible as a member of a 42 CFR 435.217 group has a community spouse, the State may treat the individual as if he or she is institutionalized and apply the post-eligibility rules of §1924 of the Act (protection against spousal impoverishment) instead of the post-eligibility rules under 42 CFR 435.726 and 435.735. The §1924 post-eligibility rules provide for a more generous community spouse and family allowance than the rules under 42 CFR 435.726 and 435.735. Spousal impoverishment post-eligibility rules can only be used if the State is using spousal impoverishment eligibility rules.

The spousal protection rules also provide for protecting a personal needs allowance (PNA) "described in §1902(q)(1)" for the needs of the institutionalized individual. This is an allowance which is reasonable in amount for clothing and other personal needs of the individual . . . while in an institution." For institutionalized individuals this amount could be as low as \$30 per month. Unlike institutionalized individuals whose room and board are covered by Medicaid, the personal needs of the home and community-based services recipient must include a reasonable amount for food and shelter as well as for clothing. The \$30 PNA is not a sufficient amount for these needs when the individual is living in the community.

Therefore, States which elect to treat home and community-based services waiver participants with community spouses under the §1924 spousal impoverishment post-eligibility rules must use as the personal needs allowance either the maintenance amount which the State has elected under 42 CFR 435.726 or 42 CFR 435.735, or an amount that the State can demonstrate is a reasonable amount to cover the individual's maintenance needs in the community.

POST ELIGIBILITY

REGULAR POST ELIGIBILITY

1. _____ **SSI State.** The State is using the post-eligibility rules at 42 CFR 435.726. Payment for home and community-based waiver services are reduced by the amount remaining after deduction the following amounts from the waiver recipient's income.

A. **§ 435.726**--States which **do not use more restrictive** eligibility requirements than SSI.

a. Allowances for the needs of the

1. individual: (Check one):

A. _____ The following standard included under the State plan (check one):

(1) _____ SSI

(2) _____ Medically needy

(3) _____ The special income level for the institutionalized

(4) _____ The following percent of the Federal poverty level): _____%

(5) _____ Other (specify):

B. _____ The following dollar amount:
\$ _____ *

* If this amount changes, this item will be revised.

C. _____ The following formula is used to determine the needs allowance:

Note: If the amount protected for waiver recipients in item 1. is **equal to, or greater than** the maximum amount of income a waiver recipient may have and be eligible under 42 CFR 435.217, **enter NA in items 2. and 3.** following.

2. spouse only (check one):

- A._____ SSI standard
B._____ Optional State supplement standard
C._____ Medically needy income standard
D._____ The following dollar amount:
\$_____*

* If this amount changes, this item will
be
revised.

- E._____ The following percentage of the
following standard that is not greater
than the standards above: _____% of
standard.

- F._____ The amount is determined using the
following formula:

- G._____ Not applicable (N/A)

3. Family (check one):

- A._____ AFDC need standard
B._____ Medically needy income standard

The amount specified below cannot exceed the
higher of the need standard for a family of
the same size used to determine eligibility
under the State's approved AFDC plan or the
medically income standard established under
435.811 for a family of the same size.

- C._____ The following dollar amount:
\$_____*

*If this amount changes, this item will be
revised.

- D._____ The following percentage of the
following standard that is not greater
than the standards above: _____% of
standard.

- E._____ The amount is determined using the
following formula:

F._____ Other

G._____ Not applicable (N/A)

- b. Medical and remedial care expenses specified in 42 CFR 435.726.

POST-ELIGIBILITY

REGULAR POST ELIGIBILITY

1.(b) X 209(b) State, a State that is using more restrictive eligibility requirements than SSI. The State is using the post-eligibility rules at 42 CFR 435.735. Payment for home and community-based waiver services are reduced by the amount remaining after deduction the following amounts from the waiver recipient's income.

B. 42 CFR 435.735--States using more restrictive requirements than SSI.

(a) Allowances for the needs of the

1. individual: (check one):

A. The following standard included under the State plan (check one):

(1) SSI

(2) Medically needy

(3) The special income level for the institutionalized

(4) The following percentage of the Federal poverty level:

10

(5) Other (specify):

B. X The following dollar amount:

\$ 1000 *

(For individuals in independent residences only)

\$ 50

(For individuals in mid-level care)

\$ Up to \$300

(An additional amount for those needing guardianship services)

* If this amount changes, this item will be revised.

C._____ The following formula is used to determine the amount:

Note: If the amount protected for waiver recipients in 1. is **equal to, or greater than** the maximum amount of income a waiver recipient may have and be eligible under §435.217, **enter NA in items 2. and 3.** following.

2. spouse only (check one):

A._____ The following standard under 42 CFR 435.121:

B._____ The medically needy income standard_____;

C. X_____ The following dollar amount:
\$ 200_____*

* If this amount changes, this item will be revised.

D._____ The following percentage of the following standard that is not greater than the standards above:_____ % of

E._____ The following formula is used to determine the amount:

F._____ Not applicable (N/A)

3. family (check one):

A._____ AFDC need standard

B._____ Medically needy income standard

The amount specified below cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically income standard established under 435.811 for a family of the same size.

C. X The following dollar amount:
 \$100 for each dependent
* If this amount changes, this item will
be revised.

D. The following percentage of the
following standard that is not greater
than the standards above: % of
standard.

E. The following formula is used to
determine the amount:

F. Other

G. Not applicable (N/A)

b. Medical and remedial care expenses
specified in 42 CFR 435.735.

POST ELIGIBILITY

SPOUSAL POST ELIGIBILITY

2._____ The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the individual's contribution toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There shall be deducted from the individual's monthly income a personal needs allowance (as specified below), and a community spouse's allowance, a family allowance, and an amount for incurred expenses for medical or remedial care, as specified in the State Medicaid plan.

(A) Allowance for personal needs of the individual:

(check one)

(a)_____ SSI Standard

(b)_____ Medically Needy Standard

(c)_____ The special income level for the institutionalized

(d)_____ The following percent of the Federal poverty level:
_____%

(e)_____ The following dollar amount
\$_____**

**If this amount changes, this item will be revised.

(f)_____ The following formula is used to determine the needs allowance:

(g)_____ Other (specify):

If this amount is different from the amount used for the individual's maintenance allowance under 42 CFR 435.726 or 42 CFR 435.735, explain why you believe that this amount is reasonable to meet the individual's maintenance needs in the community.

APPENDIX D
ENTRANCE PROCEDURES AND REQUIREMENTS

APPENDIX D-1

a. EVALUATION OF LEVEL OF CARE

The agency will provide for an evaluation (and periodic reevaluations) of the need for the level(s) of care indicated in item 2 of this request, when there is a reasonable indication that individuals might need such services in the near future, but for the availability of home and community-based services.

b. QUALIFICATIONS OF INDIVIDUALS PERFORMING INITIAL EVALUATION

The educational/professional qualifications of persons performing initial evaluations of level of care for waiver participants are (Check all that apply):

- ☐ Discharge planning team
- ☐ Physician (M.D. or D.O.)
- ☒ Registered Nurse, licensed in the State
- ☐ Licensed Social Worker
- ☐ Qualified Mental Retardation Professional, as defined in 42 CFR 483.430(a)
- ☐ Other (Specify):

Note: All initial evaluations and all re-evaluations are reviewed by a registered nurse designated by DEAS.

APPENDIX D-2

a. REEVALUATIONS OF LEVEL OF CARE

Reevaluations of the level of care required by the individual will take place (at a minimum) according to the following schedule (Specify):

- ☐ Every 3 months
- ☐ Every 6 months
- ☒ Every 12 months
- ☐ Other (Specify):

b. QUALIFICATIONS OF PERSONS PERFORMING REEVALUATIONS

Check one:

- ☒ The educational/professional qualifications of person(s) performing reevaluations of level of care are the same as those for persons performing initial evaluations.
- ☐ The educational/professional qualifications of persons performing reevaluations of level of care differ from those of persons performing initial evaluations. The following qualifications are met for individuals performing reevaluations of level of care (Specify):
 - ☐ Physician (M.D. or D.O.)
 - ☐ Registered Nurse, licensed in the State
 - ☐ Licensed Social Worker
 - ☐ Qualified Mental Retardation Professional, as defined in 42 CFR 483.430(a)
 - ☐ Other (Specify):

c. PROCEDURES TO ENSURE TIMELY REEVALUATIONS

The State will employ the following procedures to ensure timely reevaluations of level of care (Check all that apply):

- ☒ "Tickler" file
- ☐ Edits in computer system
- ☒ Component part of case management
- ☐ Other (Specify):

APPENDIX D-3

a. MAINTENANCE OF RECORDS

1. Records of evaluations and reevaluations of level of care will be maintained in the following location(s) (Check all that apply):

_____ By the Medicaid agency in its central office

_____ By the Medicaid agency in district/local offices

 X By the agency designated in Appendix A as having primary authority for the daily operations of the waiver program

 X By the case managers

_____ By the persons or agencies designated as responsible for the performance of evaluations and reevaluations

_____ By service providers

_____ Other (Specify):

2. Written documentation of all evaluations and reevaluations will be maintained as described in this Appendix for a minimum period of 3 years.

b. COPIES OF FORMS AND CRITERIA FOR EVALUATION/ASSESSMENT

A copy of the written assessment instrument(s) to be used in the evaluation and reevaluation of an individual's need for a level of care indicated in item 2 of this request is attached to this Appendix.

For persons diverted rather than deinstitutionalized, the State's evaluation process must provide for a more detailed description of their evaluation and screening procedures for individuals to ensure that waiver services will be limited to persons who would otherwise receive the level of care specified in item 2 of this request.

Check one:

 X The process for evaluating and screening diverted individuals is the same as that used for deinstitutionalized persons.

 The process for evaluating and screening diverted individuals differs from that used for deinstitutionalized persons. Attached is a description of the process used for evaluating and screening diverted individuals.

APPENDIX D-4

a. FREEDOM OF CHOICE AND FAIR HEARING

1. When an individual is determined to be likely to require a level of care indicated in item 2 of this request, the individual or his or her legal representative will be:
 - a. informed of any feasible alternatives under the waiver; and
 - b. given the choice of either institutional or home and community-based services.
2. The agency will provide an opportunity for a fair hearing under 42 CFR Part 431, subpart E, to individuals who are not given the choice of home or community-based services as an alternative to the institutional care indicated in item 2 of this request or who are denied the service(s) of their choice, or the provider(s) of their choice.
3. The following are attached to this Appendix:
 - a. A copy of the form(s) used to document freedom of choice and to offer a fair hearing;
 - b. A description of the agency's procedure(s) for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver;
 - c. A description of the State's procedures for allowing individuals to choose either institutional or home and community-based services; and
 - d. A description of how the individual (or legal representative) is offered the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E.

b. FREEDOM OF CHOICE DOCUMENTATION

Specify where copies of this form are maintained:
Documentation of freedom of choice is incorporated within the application form. Copies of the completed application form are maintained by the agency designated in Appendix A as having primary authority for the daily operations of the waiver program.

If an individual is found ineligible for HCBC-ECI, the Division of Elderly and Adult Services notifies the applicant of the decision in writing. The notification informs the individual of his or her right to an administrative appeal and the procedures in accordance with He-C 200 which meets Federal requirements.

If an applicant is dissatisfied with waiver services or with a decision made by the Division of Elderly and Adult Services or by a contract agency he or she has the right to an administrative appeal in accordance with He-C 200. The case manager informs the individual of their appeal rights and the procedure for requesting an administrative appeal as part of the case management role.

APPENDIX E - PLAN OF CARE

APPENDIX E-1

a. PLAN OF CARE DEVELOPMENT

1. The following individuals are responsible for the preparation of the plans of care:

- ☐ Registered nurse, licensed to practice in the State
- ☐ Licensed practical or vocational nurse, acting within the scope of practice under State law
- ☒ Physician (M.D. or D.O.) licensed to practice in the State
- ☐ Social Worker (qualifications attached to this Appendix)
- ☒ Case Manager
- ☒ Other (specify):
The individual and/or individual's legal guardian or legal representative
If the individual resides within a mid-level care setting, a representative from the mid-level care provider will be involved in the preparation of the plan of care.
Other individuals the recipient identifies to be a part of the preparation of the plan of care.

2. Copies of written plans of care will be maintained for a minimum period of 3 years. Specify each location where copies of the plans of care will be maintained.

- ☐ At the Medicaid agency central office
- ☐ At the Medicaid agency county/regional offices
- ☒ By case managers
- ☒ By the agency specified in Appendix A
- ☐ By consumers
- ☐ Other (specify):

3. The plan of care is the fundamental tool by which the State will ensure the health and welfare of the individuals served under this waiver. As such, it will be subject to periodic review and update. These reviews will take place to determine the appropriateness and adequacy of the services, and to ensure that the services furnished

are consistent with the nature and severity of the individual's disability. The minimum schedule under which these reviews will occur is:

_____ Every 3 months
 _____ Every 6 months
 X Every 12 months
 _____ Other (specify):

APPENDIX E-2

a. MEDICAID AGENCY APPROVAL

The following is a description of the process by which the plan of care is made subject to the approval of the Medicaid agency:

If the applicant meets the level of care requirement, the registered nurse designated by DEAS shall visit the applicant to determine if his or her needs can be met through the provision of HCBC-ECI services.

If the registered nurse designated by DEAS determines that the applicant's support needs can be met through the provision of HCBC-ECI support and services, a support plan will be developed.

Participants in the development of the support plan will include the applicant, the applicant's representative, the case manager, the registered nurse designated by DEAS, other individuals identified by the applicant and if the applicant resides in a mid-level care setting, mid-level care providers.

The support plan is submitted to DEAS for approval. Waiver

services will not be reimbursed unless DEAS approves the services in a written support plan.

Note: All plans of care (support plans) are subject to the approval by DEAS.

b. STATUTORY REQUIREMENTS AND COPY OF PLAN OF CARE

1. The plan of care will contain, at a minimum, the type of services to be furnished, the amount, the frequency and duration of each service, and the type of provider to furnish each service.
2. A copy of the plan of care form to be utilized in this waiver is attached to this Appendix.

APPENDIX F - AUDIT TRAIL

a. DESCRIPTION OF PROCESS

1. As required by sections 1905(a) and 1902(a)(32) of the Social Security Act, payments will be made by the Medicaid agency directly to the providers of waiver and State plan services.
2. As required by section 1902(a)(27) of the Social Security Act, there will be a provider agreement between the Medicaid agency and each provider of services under the waiver.
3. Method of payments (check one):

 X Payments for all Waiver and other State plan services will be made through an approved Medicaid Management Information System (MMIS).

 Payments for some, but not all, waiver and State plan services will be made through an approved MMIS. A description of the process by which the State will maintain an audit trail for all State and Federal funds expended, and under which payments will be

made to providers is attached to this Appendix.

_____ Payment for waiver services will not be made through an approved MMIS. A description of the process by which payments are made is attached to this Appendix, with a description of the process by which the State will maintain an audit trail for all State and Federal funds expended.

_____ Other (Describe in detail):

b. BILLING AND PROCESS AND RECORDS RETENTION

1. Attached is a description of the billing process. This includes a description of the mechanism in place to assure that all claims for payment of waiver services are made only:

- a. When the individual was eligible for Medicaid waiver payment on the date of service;
- b. When the service was included in the approved plan of care;

Description: New Heights is the State's Medicaid eligibility management system that feeds client eligibility and plan of care information to the NH Automatic Information Management System (NHAIM). NHAIM processes medical claims submitted by providers and adjudicates the claims for payment. EDS, the Medicaid agency limited fiscal agent, utilizes the information gathered from NHAIM to pay waiver claims to providers.

- c. In the case of supported employment, prevocational or educational services included as part of habilitation services, when the individual was eligible to receive the services and the services were not available to the individual through a program funded under section 602(16) or (17) of the Individuals with Disabilities Education Act

(P.L. 94-142) or section 110 of the Rehabilitation Act of 1973.

_____ Yes

 X No. These services are not included in this waiver.

2. The following is a description of all records maintained in connection with an audit trail. Check one:

 X All claims are processed through an approved MMIS.

_____ MMIS is not used to process all claims. Attached is a description of records maintained with an indication of where they are to be found.

3. Records documenting the audit trail will be maintained by the Medicaid agency, the agency specified in Appendix A (if applicable), and providers of waiver services for a minimum period of 3 years.

c. PAYMENT ARRANGEMENTS

1. Check all that apply:

_____ The Medicaid agency will make payments directly to providers of waiver services.

 X The Medicaid agency will pay providers through the same fiscal agent used in the rest of the Medicaid program.

_____ The Medicaid agency will pay providers through the use of a limited fiscal agent who functions only to pay waiver claims.

_____ Providers may *voluntarily* reassign their right to direct payments to the following governmental agencies (specify):

Providers who choose not to voluntarily reassign their right to direct payments will not be required to do so. Direct payments will be made using the following method:

2. Interagency agreement(s) reflecting the above arrangements are on file at the Medicaid agency.